

# A-tijden 2019

## JONGENS

Lft		100 vs	200 vs	400 vs	800 vs	1500 vs	100 rg	200 rg	100 ss	200 ss	100 vl	200 vl	200 ws	400 ws	R	Lft
11j	2008	01:14,77	02:45,66	05:46,55	12:00,45	23:07,00	01:25,18	03:03,32	01:36,91	03:27,93	01:23,55	03:08,50	03:03,19	06:35,31	5	11j
12j	2007	01:09,16	02:31,80	05:14,58	11:23,22	21:19,37	01:18,32	02:48,15	01:27,91	03:09,40	01:16,11	02:51,78	02:48,99	06:00,91	6	12j
13j	2006	01:04,61	02:21,61	05:00,86	10:46,39	20:03,85	01:12,84	02:37,83	01:21,83	02:57,70	01:10,68	02:39,40	02:38,75	05:38,30	7	13j
14j	2005	01:01,53	02:14,98	04:47,33	10:03,75	19:00,27	01:09,00	02:29,75	01:17,41	02:47,87	01:06,44	02:29,96	02:31,79	05:23,08	8	14j
15j	2004	00:58,99	02:08,83	04:35,61	09:44,79	18:22,61	01:06,45	02:24,51	01:14,99	02:42,42	01:03,56	02:23,09	02:25,52	05:11,48	9	15j
16j	2003	00:57,51	02:05,60	04:28,15	09:25,60	17:49,26	01:04,00	02:19,16	01:12,13	02:36,02	01:01,47	02:17,75	02:21,18	05:01,03	10	16j
17j	2002	00:56,88	02:04,23	04:23,92	09:09,88	17:28,68	01:02,99	02:17,54	01:10,87	02:32,77	01:01,08	02:15,78	02:19,47	04:57,10	10	17j
18j	2001	00:55,94	02:02,58	04:20,19	09:02,08	17:15,55	01:02,27	02:16,07	01:09,46	02:30,36	01:00,35	02:14,57	02:17,07	04:54,45	10	18j
>18j	2000	00:54,43	01:59,62	04:14,20	08:49,52	16:50,07	01:00,51	02:12,14	01:07,67	02:26,78	00:58,41	02:11,38	02:13,74	04:47,38	10	>18j

## MEISJES

Lft		100 vs	200 vs	400 vs	800 vs	1500 vs	100 rg	200 rg	100 ss	200 ss	100 vl	200 vl	200 ws	400 ws	R	Lft
11j	2008	01:15,80	02:44,40	05:49,80	12:02,40	23:45,64	01:25,17	03:03,73	01:35,17	03:27,08	01:23,92	03:09,89	03:05,61	06:37,86	5	11j
12j	2007	01:11,41	02:36,00	05:26,56	11:22,16	22:11,84	01:19,58	02:52,13	01:30,08	03:13,77	01:18,71	02:55,34	02:53,97	06:12,79	6	12j
13j	2006	01:07,92	02:26,94	05:09,95	10:41,23	20:51,35	01:16,12	02:44,49	01:25,31	03:03,80	01:13,91	02:44,60	02:46,00	05:52,14	7	13j
14j	2005	01:05,22	02:21,21	04:58,54	10:13,21	19:58,87	01:13,39	02:38,33	01:22,56	02:58,80	01:10,85	02:37,76	02:39,86	05:40,24	8	14j
15j	2004	01:03,39	02:17,36	04:49,70	09:57,80	19:06,69	01:11,60	02:33,13	01:20,02	02:53,09	01:09,02	02:32,41	02:35,23	05:30,17	9	15j
16j	2003	01:02,38	02:14,57	04:43,46	09:43,43	18:41,29	01:10,16	02:30,26	01:18,24	02:48,65	01:07,57	02:29,03	02:32,40	05:22,10	10	16j
17j	2002	01:02,16	02:13,78	04:43,02	09:41,28	18:37,76	01:09,33	02:29,07	01:17,73	02:48,00	01:07,09	02:28,74	02:31,10	05:21,08	10	17j
18j	2001	01:01,60	02:13,62	04:41,30	09:37,92	18:28,80	01:08,88	02:27,73	01:17,17	02:46,88	01:06,42	02:28,12	02:30,86	05:20,43	10	18j
>18j	2000	01:00,69	02:11,86	04:37,79	09:28,83	18:13,55	01:07,85	02:25,66	01:16,13	02:43,79	01:05,55	02:25,17	02:29,36	05:16,29	10	>18j

Op basis van Rudolph tabellen 2018